



Date Completed: \_\_\_\_\_

## Massage Therapy Intake Form

### Personal Information:

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Referred By: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Care Card Number: \_\_\_\_\_ Extended Medical Insurer: \_\_\_\_\_

Is this an ICBC Claim? Yes No If yes, please complete the following:

Date of Accident: \_\_\_\_\_ ICBC Claim Number: \_\_\_\_\_

Adjuster's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

### Current Condition:

Reason for Appointment: \_\_\_\_\_

\_\_\_\_\_

When did this begin? \_\_\_\_\_

Have you experienced something similar before?

Yes No \_\_\_\_\_

What aggravates it? \_\_\_\_\_

What relieves it? \_\_\_\_\_

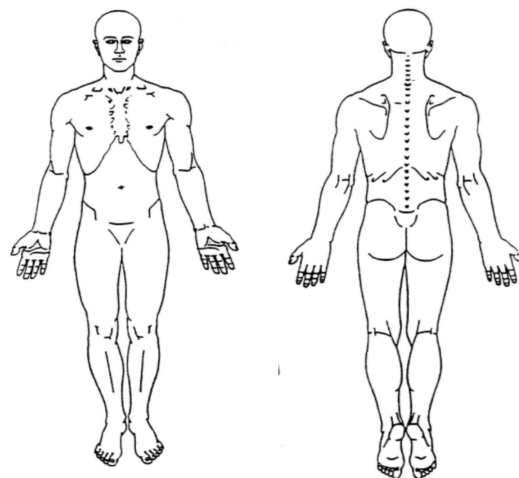
Have you seen any other practitioners regarding this?

Yes No \_\_\_\_\_

Have you had any diagnostic imaging done for this condition (X-rays, ultrasound, MRI, etc.)?

Yes No If yes, what and when? \_\_\_\_\_

Please Use the Diagram Below to Indicate Your Symptoms:



Aching ○○ Shooting →→  
 Stabbing XXX Numbness ###

Date Completed: \_\_\_\_\_

**Health History:**

Please list any previous surgeries, illnesses or injuries: \_\_\_\_\_

\_\_\_\_\_

List all current medications and the conditions that they treat: \_\_\_\_\_

\_\_\_\_\_

Any known allergies (including medications, seasonal, foods, lotions, etc.) \_\_\_\_\_

\_\_\_\_\_

**Please indicate all that apply using the appropriate letter in the boxes below: C = Current P = Past**

<input type="checkbox"/>	High or Low Blood Pressure	<input type="checkbox"/>	Dizziness/Fainting	<input type="checkbox"/>	Eczema or Psoriasis
<input type="checkbox"/>	Heart Attack	<input type="checkbox"/>	Nausea	<input type="checkbox"/>	Joint Dislocation
<input type="checkbox"/>	Stroke or Aneurysm	<input type="checkbox"/>	Spinal Cord Injury	<input type="checkbox"/>	Bone Fracture(s)
<input type="checkbox"/>	Pacemaker	<input type="checkbox"/>	Head Injury	<input type="checkbox"/>	Arthritis
<input type="checkbox"/>	Other Heart Conditions	<input type="checkbox"/>	Epilepsy	<input type="checkbox"/>	Osteoporosis
<input type="checkbox"/>	Varicose Veins or DVT	<input type="checkbox"/>	Other Neurological Conditions	<input type="checkbox"/>	Rods, Pins, Plates
<input type="checkbox"/>	Other Circulatory Conditions	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	Autoimmune Condition(s)
<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Other Respiratory Conditions	<input type="checkbox"/>	Cancer
<input type="checkbox"/>	Kidney Disease	<input type="checkbox"/>	Crohn's/Ulcerative Colitis	<input type="checkbox"/>	Tuberculosis
<input type="checkbox"/>	Other Urinary Conditions	<input type="checkbox"/>	Irritable Bowel Syndrome	<input type="checkbox"/>	Hepatitis A/B/C
<input type="checkbox"/>	Headaches/Migraines	<input type="checkbox"/>	Other Digestive Conditions	<input type="checkbox"/>	HIV/AIDS

Current sleep quality? Good Fair Poor Current dietary habits? Good Fair Poor

Are you physically active? Yes No How often? \_\_\_\_\_/week

Type(s) of exercise? \_\_\_\_\_

**Preferred Method for Appointment Reminders:**

\_\_\_\_\_ Email \_\_\_\_\_ Text Message If text, who is your service provider? \_\_\_\_\_

**Client Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Therapist Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_